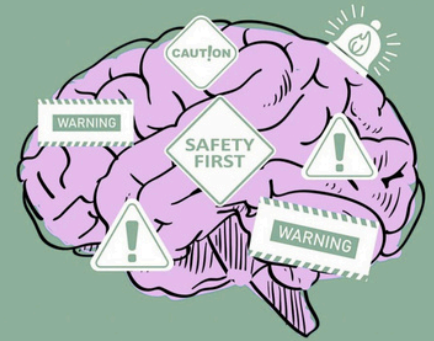


Sports Psychology in Injury Management

This program is designed for coaches, sports physiotherapists and support staff who want to learn effective strategies for preventing, managing injuries and enhancing recovery.

AFTER INJURY THE BRAIN BECOMES A THREAT DETECTION SYSTEM.

No wonder its always questioning movement



@THEINJURYPSYCHOLOGIST



Why Choose Us?

- **Experienced Facilitator**
- **Hands on interventions to use with injured athletes.**
- **Enhanced Recovery Outcomes**
- **Manuals and Materials provided by us.**

What we cover?



Understanding Injury from a psychological perspective



Psychological Factors contributing to Sport Injury



Understanding Rehabilitation Process from Psychological perspective



Interventions for Prevention and Rehabilitation

DETAILS

Format
3 Hour Workshop

Delivered
Offline

Location
Mumbai